Abstract of the disclosure

An isolator/dissipator for interfacing between the ground and supporting structures comprising a supporting base fixable to the ground and supporting a contact base that can be associated, by way of a kinematic connection, with a lower portion of at least one supporting upright of a supporting structure; interface elements being provided between the contact base and the supporting base suitable to allow the contact base to move with respect to the supporting base at least along two directions that are parallel to the ground; and return elements, which act between the contact base and the supporting base and are adapted to control the relative movement between the supporting base and the contact base.